

Compression Class	RAL*	US	Description	
1	18-21	20-30	Moderate Compression	
2	23-32	30-40	Strong/Firm Compression	
3	34-46	40-50	Very Strong/Extra Firm Compression	

^{*}The RAL compression standard is a German-developed mark used for compression garments and is widely used throughout the EU. The chart above represents a comparision between the RAL and US compression guidelines.